

THIS WEEK

Sports

- East Jordan's Jackson Robbins athlete of the week - Page 1b
- Charlevoix's Elise Stuck athlete of the week - Page 1b
- Charlevoix girls beat Bellaire - Page 1b
- East Jordan boys lose to Elk Rapids - Page 1b
- Conference standings boys basketball - Page 1b
- Conference standings girls basketball - Page 1b
- Northern Michigan **Outdoors - Page 2b**
- Bowl game schedule - Page 2b
- NFL standings Page 2b
- **NFL schedule Page 2b**
- **Ellsworth girls** basketball - Page 2b
- AP rankings college basketball - Page 2b
- News briefs Page 3b
- **CHX County Commission** on Aging - Page 3b
- Classified ads

EAST JORDAN CITY COMMISSION MEETING - DECEMBER 20, 2016 Citizen seeks permission to open dispensary in East Jordan

By Krystal Johnson

EAST JORDAN-East Jordan City Commissioners continued discussions concerning the Air Industrial Park at their last Tuesday, December 20 meeting, as well as received a presentation of the fiscal year 2015/16 audit, introduced an ordinance regarding water bills, and heard from a speaker in the audience.

City Administrator Tom Cannon has been in conversation with a potential buyer who would like to build a warehouse for a startup sock company at the Industrial Park. The commission has been considering incentives to help recruit developers to the park, including either a lower purchase price or a possible tax abatement program.

"I say we do what we can to get something going out there," Mayor Peck said. "We do have a potential buyer....(The property) is doing the city no good just sitting there. We need to develop it and get taxpayer dollars."

Real estate agents are recommending the city list properties at \$14k per acre; however, commissioners are allowing Cannon to pursue negotiations with the potential investor.

Certified public accountants of Anderson, Tackman & Company, PLC performed an audit for the City of East Jordan for the fiscal year ending June 30, 2016. Financial highlights presented to the commission included a 19% increase in the General Fund, bringing the balance to \$239.678. The state likes to see city's maintaining 15-20% of the total General Fund in the unassigned fund balance; East Jordan retained 15%.

The city's assets also exceeded its liabilities by \$11,095,913, of which \$387,295 may be used to meet the city's ongoing obligations to citizens and creditors, according to Anderson, Tackman & Company.

The commission also introduced an ordinance to amend water billing, as the city hopes to begin monthly billing in February.

Following regular business at Tuesday's meeting, the city heard from a speaker in the audience requesting to have an ordinance put into place for a medical marijuana dispensary.

At the end of September, Governor Snyder signed three bills related to the sale of medical marijuana and marijuana products. While voters legalized medical marijuana in 2008, dispensaries have remained a gray area. City's now have the right to create an ordinance to allow and regulate dispensaries. If no ordinance is created, then dispensaries simply are not allowed. Mayor Peck said this

would be something they would need to discuss with the City Attorney, who was not present at the meeting.

Commissioner Tracev Johnson stated his excitement about bringing change to the community and liked the possibility of having another business paying taxes; however, Commissioner Mark Penzien said he would

See **Dispensary** – Page 3A

Fire destroys another building in Downtown Charlevoix

By Michelle Medjesky

CHARLEVOIX - Investigators from the Michigan State Police Fire Investigative Unit are still trying to determine the cause of a major fire that gutted the Cherry Republic building in downtown Charlevoix during the pre-dawn hours on Christmas Eve Day.

Area firefighters responded to a call around 3 a.m. Saturday, December 24 from a Boyne City Police officer who reported seeing smoke coming from the Cherry Republic building at 221 Bridge Street as he was transporting an individual to the Charlevoix County Jail.

Charlevoix Fire Chief Gerard Doan said firefighters from Charlevoix,



A Christmas Eve fire gutted the Cherry Republic building at 221 Bridge Street in downtown Charlevoix and left a number of nearby businesses with smoke damage. It was the second fire to destroy a business within a two block stretch of Bridge Street in the last two months.

Charlevoix Township, East Jordan, Boyne City,

See Fire – Page 3A

Rotary Club makes matching gift to Charlevoix Hospital

- Page 4b 6b
- Legal Notices - Page 4b - 6b
- Feature home of the week - Page 5b

News

- Weather Page 2
- Obituaries Page 2
- Snowfall report - Page 2
- New Year's celebrations date back to 2000 B.C. - Page 3
- Registration opens or Camp Daggett Summer Camp - Page 3
- Charlevoix Bridge Drop - Page 3
- Doctor OZ Page 4
- Police reports Page 4
- Health directory - Page 4
- United Way funding applications available - Page 5
- Rotary Canned food drive benefits food pantry - Page 5
- Agency seeks volunteer tax preparers - Page 5
- Resale shop directory - Page 5



Permit No. 70 Gaylord, MI **DIA9 99657209 2U** Standard Mail

Members of the Charlevoix Rotary Club gathered at Munson Healthcare Charlevoix Hospital on Thursday morning to present a check for \$5,000 to the hospital's Foundation. The generous check represented their ongoing support of the hospital's recent capital campaign which included a complete redesign of the hospital's surgery and laboratory services departments, and the creation of a third, larger operating room.

The Rotary's check served to double the impact of community and employee gifts on Giving Tuesday (November 29), for a grand total of \$10,225 raised - one spectacular day of giving! Thanks to the generosity of the local Rotarians, the community and employees of the hospital were challenged to raise a minimum of \$5,000 in order to capture the complete matching gift of the Rotary Club.

The hospital's existing facility, like many hospitals of its age, was built primarily for inpatients. However, in recent years, there has been a significant increase in the number of surgeries done on an outpatient basis. In fact, 85% of the hospital's surgeries are now outpatient procedures. As a result, the hospital expanded by adding a third operating room, allowing for an additional 550 surgeries annually, expanded surgical support

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COFFEE

MOCHA LATTE



Standing, from left: Olivia Adams, Don Jess, Dennis Halverson, Keith Carey, Chuck Center, Mark Snyder, Kirby Dipert, Kathy Martinchek, Dr. Marc Lame, Margie Golovich, Chris Good, Jessi Blaszczyk. Kneeling, from left: Jon VanWagnen, Patty Wells, Shaun Anthony. COURTESY PHOTO

and intake areas, added 7 outpatient beds, created larger, semi-pri-

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better accommodate current and future test volume. The success of this most recent project is a testament to the community's generosity.

Organizations like the Rotary have continued to show their support of the hospital in meaningful, substantial ways. This latest matching gift will touch the lives of countless individuals, families, friends, and neighbors.

For more information, visit munsonhealthcare.org/charlevoixhospital.

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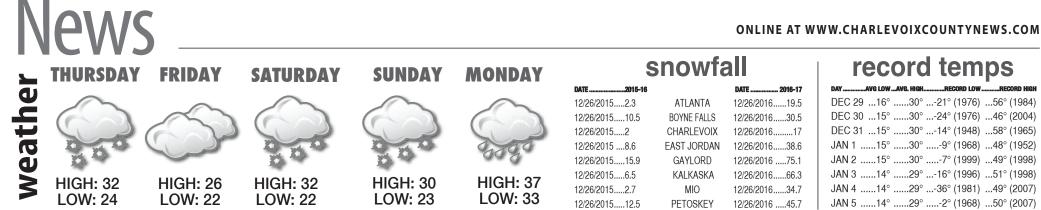
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Walter L. Goldsmith Sr., 91

(SEPT. 21, 1925 - DEC, 23, 2016)

Lifelong area resident Walter L. Goldsmith, died at home surrounded by his loving family late Friday, December 23, 2016.

His surviving family includes six of his seven sons, Bob, Dave (Penny), Richard, Tim, Joe, and Bill (Sonya) Goldsmith, five daughters, Rose (Tom) Purdy, Shirley (Jerry) Amthor, Ruth (Leroy) Nestle, Carol (Bill) Lacroix and Mary (Ray) Barnes, and 86 grandchildren, great grandchildren and greatgreat grandchildren. One brother, Dan Goldsmith and two sisters Marion Carpenter and Arlene Rohrer also survive. He was preceded in death by his wife Lucille in 1988, two infant sons, Obie and Ralph, his son and daughter in law, Walter Jr. "Butch" and Bonnie Goldsmith, by his brothers, Casper, Leo and Bob Goldsmith and by his grandson, John Abraham Purdy and great granddaughter, Deana Lucille Kleinschrodt.

Walt was born September 21, 1925 near Larks Lake, his parents were Louis and Bertha (Daniels) Goldsmith, his family moved to Petoskey where Walt grew up. Walt joined the United States Army and served in Japan with the occupation forces after WWII. Following his discharge, he returned home and on April 12, 1947, he married Lucille J. Wicker at St. Francis Xavier Catholic Church. Together they raised 12 children. Sadly, Lucille preceded Walt in death on December 15, 1988, Walt never remarried.

Walt worked for the Petoskey Portland Cement Company - (Penn Dixie) for more than 30 years. When the plant closed Walt then worked for the East Jordan Iron

Works and later A&L Iron.

He was an avid hunter and hunted every deer season well into his 80's and also enjoyed going to auctions. He will always be remembered by his grandchildren for always having a lap and a warm hug for them.

His family will receive friends during a visitation at Stone Funeral Home on Wednesday from 11:00 a.m. - 1:00 p.m. A graveside committal service will take place this coming spring at St. Francis Cemetery and will be announced.

Helen Limron, 69

(MARCH 27, 1947 - DEC. 20, 2016)

Helen Limron of East Jordan passed away Tuesday, December 20, 2016 at McLaren Northern Michigan

The family has chosen to remember her privately.

Virgil G. Plaggemars, 92

(MARCH 5, 1924 - DEC. 21, 2016) Virgil G. Plaggemars of Central

Lake passed away on December 21, 2016 at his home.

Virgil was born on March 5, 1924, in Grand Haven, MI, the son of Cornelius

Virgil was a Grand Rapids resident before moving to Central Lake in 1968 where he owned and operated Central Food Center until the

ntv News

OBITUARIES

early 1980's. He wintered in Florida for over 38 years where he enjoyed shuffleboard and pool. He also enjoyed yard work, gardening, watching sports on TV and spending time with his grandchildren.

He was a longtime member of the Belltower Christian Reformed Church in Ellsworth and he served in the United State Army during World War II.

On June 5, 2005 at the Belltower Reformed Church, he married Mildred L. Kamin who survives. Also surviving are two sons, Dale Plaggemars of Grand Rapids, Gene (Kathy) Plaggemars of Central Lake, two step-children, Claudia (Bruce) Boland of Pinkney, MI, John Kamin of Grand Haven, MI, two granddaughters, Kristin (Joe) Holbrook, Jenna Plaggemars, two step-grandchildren, Holly and Brian as well as 4 step-great-grandchildren. He was preceded in death by his first wife Harriet Plaggemars, a grandson Andy Plaggemars and his parents.

Funeral services took place on Tuesday, December 27, 2016 at the Belltower Reformed Church in Ellsworth. Rev. Jared Van Noord officiated. Interment will take place in Restlawn Memorial Gardens in Holland, MI.

Memorial contributions may be made to the Belltower Reformed Church or to the Wounded Warrior Project.

Arrangements are being handled by the Central Lake Chapel of Mortensen Funeral Homes. Please sign his online guestbook at www.mortensenfuneralhomes.com.

Lawrence "Larry" P. Porath, 67

(JULY 17, 1949 - DEC. 22, 2016)

the home he built. Lawrence (Larry) P. Porath of Charlevoix, MI passed away on Thursday



Lucas (Jane), Jake (Amanda) and Aaron (Holly) and his grandchildren: Kyle, Emma, Foster, Jackson, Calvin, Megan, Samuel, Aidan and Abigail.

Funeral services are not being held at this time, a memorial service is being planned for the summer.

In lieu of donating to a charity, Larry's family requests that you join us in honoring his memory through acts of kindness to your fellow man. Be slow to anger, be patient, help someone in need, put others before yourself, give all your love and strength to your family. In short. live like Larry.

Jan Marie (Archey) Donnelly, 60

(SEPT. 6, 1956 - DEC. 24, 2016)

Jan Marie Donnelly of Charlevoix passed away Saturday, December 24, 2016, at her home. She was born September 6, 1956, in Manitowoc, Wisc. to Hank and Lois (Ruleau) Archey. In 1968, Jan came to Charlevoix with her family.

She was employed by Lexalite International and later Lexamar where she worked in quality control.

Jan enjoyed going to Fisherman's Island State Park to take long walks on the beach with her dogs. She loved the outdoors.

On July 17, 2104, she married Thomas C. Donnelly.

Jan is survived by her husband, Tom; children, Joseph Prevo of Marquette, Jami (Blake) Miller of Charlevoix; step-daughter, Caitlin Donnelly of Boyne City; grandchildren, Zaryah, Scarlett, Oliver, Teagan, and Nolan; puppies, Finnigan and Sullivan; brothers and sisters, Patty Reinhart (Mike Pearsall) of Charlevoix, Allen Hillier of Arkansas, Henry "Beano" (Chervl) Archey of Boyne City, Ron Archey, Julie Archey (Rick Wilson) all of Charlevoix.

Jan's parents, Hank and Lois Archey preceded her in death.

A visitation will be from 6-9:00pm, Thursday, December 29, at

DEC 2916°30°21° (1976)56° (1984)
DEC 3015°30°24° (1976)46° (2004)
DEC 3115°30°14° (1948)58° (1965)
JAN 115°30°9° (1968)48° (1952)
JAN 215°30°7° (1999)49° (1998)
JAN 314°29°16° (1996)51° (1998)
JAN 414°29°36° (1981)49° (2007)
JAN 514°29°2° (1968)50° (2007)

2:00 P.M. at the Lighthouse Missionary Church in East Jordan. Rev. James Jordan will officiate. Interment will follow at Sunset Hill Cemetery in East Jordan.

The family will receive friends on Wednesday from 2:00 to 4:00 and 6:00 to 8:00 P.M. at the Penzien Funeral Homes, Inc. in East Jordan. Memorials may be given to American Diabetes Association or the Lighthouse Missionary Church.

Bruce V. Woodcock, 91

(FEB. 4, 1925 - DEC. 15, 2016 Bruce Woodcock spent his life

playing his own version of the Great Game and was one of the last survivors of Charlevoix County lads that served in the Second World War. He was one



of the most highly regarded and popular citizens of East Jordan. Bruce Woodcock had a great zest for life, was hospitable, sociable, and could see the bright side of virtually everything.

Bruce was born in 1925 and educated in East Jordan where his father worked at the East Jordan Iron Works. He was drafted into the Army Air Corps while just a high school student. He was subsequently posted to Guam in the South Pacific where soldiered on until March, 1946.

After serving a respectable tour of duty in the 52-20 club (At the conclusion of WWII, returning Vets were entitled to receive \$20 per week for 52 weeks), he went on to serve as a deckhand on the iron ore boats of the Great Lakes for a period in excess of ten years.

At the conclusion of his ore boat duties, he returned to firmer ground while working for GM in Grand Rapids. In 1967 he took advantage of the GI Bill to attend Green's Barber College in Detroit. He was able to purchase Phil Gothro's barber shop located on Main Street in East Jordan during 1970. It was at 308 Main Street, East Jordan that he served his customers until ill health forced him to hang up his scissors in 2010 at age 87. He was a keen sportsman whose interest in the Bush took him to many interesting and varied spots in the world. Bruce was an eminently enthusiastic fisherman and booked trips to Alaska, New Zealand, Key West, and the Western United States for fishing sport. Likewise his zeal for hunting took him to the Yukon, Alberta, Saskatchewan, and Africa.





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Photography **SCOTT RICHARDS** Scott@CharlevoixCountyNews.com **CINDA SHUMAKER RACHEL LANGE M. CHRIS LEESE**

December 22nd, 2016 after a courageous battle with cancer.

> Larry was born on Sunday, July 17th, 1949 to Warren Sr. and Rosetta (Robinson) Porath of Chelsea, MI. Growing up in Chelsea, Larry was a good student and a stand out on his high school's football, track and basketball teams, all the while working diligently for his father's construction business.

> After graduating Chelsea High School in 1966, Larry attended CMU, where he earned a Master's Degree in Education. While in Mount Pleasant he met, and quickly married, the love of his life. Linda Hadwin, on August 16th, 1969

After college, Larry taught school in Central Lake for 25 years, first in special education and then 4th -6th grades. He was also an assistant football coach for several years.

In addition to teaching, Larry continued to work in construction part-time. When he retired from teaching in 1998, he went into construction, full time, with his son Jake. Together, they owned and operated L & J Porath Construction, Inc.

Larry's free time was spent travelling with Linda, playing poker with friends, and spoiling all nine of his grandchildren. He will best be remembered by what he continually exhibited: selfless love, kindness and generosity that became the keystone in the foundation of many people's lives. If actions are truly louder than words, this beloved man, though humble and unassuming by nature, lived his life at a deafening decibel level.

Larry is survived by his loving wife Linda, his younger sister Shelly (Paul) Stringer, his sons

the Winchester Funeral Home in Charlevoix.

Contributions in Jan's memory may be made to the Charlevoix County Humane Society, 614 Beardsley, Boyne City, MI 49712.

Ruth Ann Shafer (Greenier), 72

(APRIL 19, 1944 - DEC. 22, 2016)

Ruth Ann "Sukey" Shafer died unexpectedly on Thursday, December 22, 2016, at her home in East Jordan, Michigan.

She was born on April 19, 1944, in Lansing, Michigan. She was raised in East Jordan and attended the East Jordan Schools.

On May 27, 1961, in East Jordan, she married "The Love of Her Life," James E. Shafer.

Ruth Ann enjoyed spending time with her children, grandchildren, great grandchildren, and her family of friends at the Lighthouse Missionary Church in East Jordan, as well as reading and walking.

She is survived by her children, Sheila (Willie) Taylor of Grand Rapids, Bobbie Shafer of Fennville, James (Missy) Shafer II, of Norway, Michigan, and Paul (Tammy) Shafer of Central Lake; seventeen grandchildren; twenty-one great grandchildren; sister, Judy (Jim) Jenkins Herriman of Charlevoix; uncle, Ronald "Pinky" Wilson of Troy; two nieces; one grandniece; and many cousins and friends.

She was preceded in death by her husband, James E. Shafer; infant daughter, Star Ann Shafer; daughter-in-law; Diane Shafer; parents, Joseph and Ruth Greenier; biological mother, "Betty" Eileen Wilson Jenkins; stepfather, Robert Jenkins and sister. Sandra Jenkins.

Funeral services will be held on Thursday, December 29, 2016, at

Many times Bruce was selected as Marshal for the annual Fourth of July parade in East Jordan.

His barbering career has been highlighted in the local and regional newspapers but his life is not noted in song or verse but in the hearts of those who crossed his path. At age 70 he undertook lessons to learn to fly an airplane but after progressing to the point of a solo flight, he wisely determined that it would be in his best interest that he leave flying to those more attuned to the task.

The gang at the local coffee shop claim that Bruce still had his first Communion money but there has been no evident uncovered to prove or refute the claim!

Bruce Woodcock married late in life but the union soon turned sour for Bruce was not broke to harness.

He is survived by a brother and a sister as well as sundry nieces and nephews.

A Rosary will be said at 10:30 a.m. Thursday, December 29, 2016, with a Memorial Mass at 11 a.m. at St. Joseph Catholic Church in East Jordan. DOMINUS VOBISCUM

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News

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New Year's celebrations date back to 2000 B.C.

By Jim Akans

As the clock ticks down to midnight on New Years Eve, all thoughts focus on the promise of the future. Yet the celebration of the coming year has a very long past, dating back to around 2000 B.C. when Mesopotamia welcomed the beginning of the spring season (at the vernal equinox) with festivals heralding a new year. According to the web site,

celebrations.com, those trend-setting Babylonians even established the tradition of making resolutions, with a typical one at the time being the return of farming equipment that had been borrowed.

According to a 2015 Nielson poll, today's most common New Year's resolutions center on staying fit, healthy (quitting smoking and exercising fall into these categories) and losing some weight. Just a bit down the list were; enjoying life to the fullest, spend less/save more and spend more time with family and friends. About 16-percent of respondents state their resolution was to not make resolutions. That might not be a bad idea. A University of Scranton research paper found that only 8-percent of the approximately 40-percent of American's making New Year's resolutions actually achieve them. The success rate is probably much higher for those who don't make them.

Still, New Year's is about hope, dreams and having a celebratory evening before a day full of football. Following are a bit of New Year's trivia that might help fill an awkward gap in conversation at a yearend gathering near you:

- The first New Year's ball was dropped in New York's Times Square in 1907. That ball weighed 700 pounds and was decorated with 100 bulbs. Today, that ball weighs nearly six tons and is decorated with over 2,600 Waterford crystals.

- The establishment of the Julian calendar in 45 B.C. set the date of celebrating New Year's on January 1. (Spring still seems more appropriate to me).

- The month of January was named after the Roman god of doors and gates - Janus. Janus was portrayed with a face looking forward and a face looking backward... symbolism that is apt to the start of a new year.

- The Chinese New Year occurs on the new moon between January 21 and February 20 (it will be on January 28 in 2017).

- The Thrillist web site states that those New Year's kisses have been happening since the Middle Ages, stemming from a belief that the first person you encounter in the New Year will establish the karma of the coming year. It's a good omen if that person is someone you want to lock lips with.

- Auld Lang Syne lyrics, a Scottish phrase that means "times gone by," are derived from a 1788 poem by Scotsman Robert Burns.

- The National Insurance Crime Bureau reports that New Year's Day hold the distinction of having the highest stolen vehicle rate of any national holiday. Could have something to do with grabbing the wrong keys after a long night of partying.

Have a safe celebration this New Year's Eve and may the coming year bring good fortune and joy to you and yours!



Have a safe celebration this New Year's Eve and may the coming year bring good fortune and joy to you and yours! WIKIMEDIA IMAGE

Dropping the ball is American tradition

Celebrating the New Year on Jan. 1 dates back to Julius Caesar

By Mike Dunn

A tradition Americans have grown up with – especially those of us who live in the Eastern Standard Time zone – is the dropping of the ball in Times Square. That tradition doesn't date back quite as far back as the Babylonians who started celebrating the new year about 4,000 years ago, but it is more than 100 years old.

The first time the ball was dropped in Times Square was 1907. Actually, the idea of dropping the ball as a signal of the passing of time was taken from the English Royal Observatory at Greenwich, which started that particular tradition in 1833.

The first ball that was dropped in New York in 1907 was made of iron and wood and decorated with 100 25-watt light bulbs. It was 5 feet in



The dropping of the ball in Times Square has been an American tradition since 1907. About 1 million people come each year to be part of the New Years Eve celebration.

U.S. was probably Guy Lombardo, whose band ushered in the New Year in New York for decades.

The date of January 1 for the New Year goes back to Julius Caesar, the Roman emperor who ruled a generation before Jesus was born. His calendar, authorized in 46 B.C., used the 365-day solar calendar as its basis and became known as the Julian Calendar.

Janus, a mythical king of early Rome, had been used as the image of the New Year more than 100 years before the Julian Calendar came into existence. Janus had two faces and could look back on past events and look forward to the future as well, so his image was associated with new beginnings. The month January is named after Janus for that reason. more organized, be more patient, find a better job and to just be a better person over all.

Using a baby to signify the New Year began in ancient Greece around 600 B.C.

The song most associated with New Year's is "Auld Lang Syne." It was written by the Scottish poet Robert Burns in 1741 and first published in 1796 after Burns' death. Burns put words to a melody that was already popular in Scotland and it has become the standard for bringing in the New Year. "Auld Lang Syne" literally means "old long ago" or, in modern English, "the good old days." If you've made a New Year's resolution to lose weight and you're looking for something to munch on at the New Year's Eve party, try celery. It actually has negative calories, meaning it takes more calories to eat the celery than the celery has in the first place. Apples are the same way. And just to throw in another fun fact that has nothing at all to do with New Year's but that you might find interesting and useful: chewing gum while peeling onions will keep you from crying. And here's one more fact that probably isn't useful at all but is fun to know. The name "Wendy' comes from the popular children's book Peter Pan. Before Peter Pan and Wendy and Captain Hook and the Lost Boys were introduced to the world by the Scottish author J.M. Barrie in the early 1900s, the name Wendy apparently did not exist.



This New Year's Eve, the Charlevoix community will hold the Bridge Drop event, a celebration for those of every age. There is no better time to get out and have fun with friends and family than New Year's Eve.

There will be family-friendly activities from noon to 4pm including Horse Drawn Carriage Rides, S'mores and Hot Cocoa and a Snowman Contest (weather permitting) in East Park. There will be Arts and Crafts at the Charlevoix Circle Arts taking place from 2 to 4pm and the The Charlevoix Cinema III will have a free kids movie, "Finding Dory," from 4:30 to around 6:15pm. Juggler Tommy Tropic will perform in East Park prior at 8:30pm prior to the first fireworks display around 9pm. Tommy Tropic will perform again at 11:30pm in Bridge Park followed by a second round of fireworks. Join the countdown to midnight with the dropping of a replica of the Charlevoix drawbridge from a crane near the marina. The fireworks can be easily viewed from East Park.

The Charlevoix Transit Authority (231) 582-6900 will be offering free ride for the Bridge Drop event. For additional information, please visit www.Bridge-

pounds. The ball has been replaced seven times through the years, most recently in 2008. The new ball weighs nearly 12,000 pounds and is a 12-foot geodesic sphere covered in 2,668 Waterford crystals.

The Ball has dropped every year since 1907 except for two: 1942 and 1943, during World War II. About 1 million people turn out in Times Square for the New Years Eve celebration each year. Roughly a fifth of them will be visiting from another country.

More than 100 million Americans will watch the New York City bash on TV. In total, about 56 percent of people in the U.S. will see the Times Square event. The Ball Drop will appear on TV sets outside North America, as well. Broadcasters in Spain, China, Germany, Japan, Portugal, Venezuela and other countries will show the event, according to its website.

The late Dick Clark was associated with New Year's Eve and hosting the dropping of the ball on TV for 30 years, from 1973 to 2003. Before Dick Clark, the name most associated with New Year's Eve in the

DISPENSARY

CONTINUED FROM PG. 1A

want community feedback before moving forward with an ordinance.

No ordinance is planned to be on the next agenda at this time.

During the close of the meeting, Cannon shared with the commission that the new ice skating rink was moved across town to the basketball courts. After discovering the building that was planned to serve as a warming house at the Community Park did not have winterized plumbing, Cannon got approval from donors of the basketball courts and the Charlevoix County Community Foundation to move the skating rink to the courts.

Due to the closing of City Hall over the holidays and the lack of business to report, the January 3 city commission meeting has been canceled. The next regular meeting of the East Jordan City Commission is scheduled for 7 p.m. Tuesday, January 17, 2017. At midnight on December 31, Romans pictured Janus looking back at the old year and looking ahead at the new year. The Romans started a tradition of exchanging gifts on New Year's Eve and they also made resolutions for the year ahead.

The idea of making New Year's resolutions was not original with the Romans, however. In fact, it dates all the way back to the early Babylonians (and they celebrated the New Year in the spring, not on January 1). Their most popular resolution was to return farm equipment.

The Romans, starting around 153 B.C., simply continued the tradition of New Year's resolutions that the Babylonians had started.

The top 10 resolutions are usually to lose weight, eat more healthily, exercise more, stop smoking, stick to a budget, save money, get

FIRE

CONTINUED FROM PG. 1A

Petoskey, Resort/Bear Creek Township and Banks Township responded to the call and found most of the blaze contained to the second floor and attic areas of the Cherry Republic store building.

He said the fire did not spread to adjacent buildings but some nearby businesses have reported smoke damage.

Doan said it took crews several hours to extinguish the fire during the day on Saturday the 24th. However, he said fire crews from Charlevoix and Charlevoix Township were called back to the scene just before 9 a.m. on Christmas Day to a report the fire had rekindled, which took them about four hours to sufficiently douse.

No one was reported injured in the holiday weekend fire, Doan said.

State fire investigators are now working to determine the cause of the Cherry Republic blaze and will then decide whether the structural integrity of the building will allow for it to be re-built or require its Happy New Year to all.

demolition.

This was the second major fire to break out along a two block stretch of Bridge Street in downtown Charlevoix in just the past two months.

Two businesses just a block south of the Cherry Republic building-Johan's Cafe at 327 Bridge Street and neighboring Round Lake Art Gallery at 325 Bridge Street-were destroyed in a fire on November 13, the cause of which state fire investigators recently ruled as undetermined.

Registration opens for Camp Daggett Summer Camp

Registration opens for Camp Daggett summer camp on Wednesday, January 4, 2017. Applications for 2017 summer camp will be mailed out to 2016 summer campers on January 2 and will be available in local schools and chambers of commerce on January 4, 2017. Applications will be available to download from their website on January 6, 2017. Registration is on a first-come, firstserved basis. Applications must be downloaded, printed and mailed to Camp Daggett with payment.

Every year, over 1,000 children ages 7-14 get the opportunity to spend a week at Camp Daggett. They experience the beauty of the natural environment that the camp provides, make new friends, try new things and have loads of fun. The summer program also develops a feeling of acceptance, respect and independence that campers take home with them. Camping provides a setting in which children can live, learn, and develop skills that are useful throughout their lives

Activities include group sports and games, sailing, swimming, canoeing and fishing, arts and crafts, nature study, hikes, adventure ropes courses and team building activities, archery, campfires and camp-outs. The program answers a child's search for adventure in an environment that is upbeat and wholesome. Appetites are satisfied with nourishing, family style meals served in beautiful Mac Hall, a picturesque log dining room overlooking Walloon Lake.

Camp Daggett offers eight oneweek co-ed camping sessions starting June 18 and ending August 12, 2017. Cost is \$410 for children who attend schools in the Charlevoix and Emmet Intermediate School District during the 2016-2017 school year and have vear-round residence in Charlevoix or Emmet County. Scholarships are available to campers who need financial assistance. In addition, the Camp Daggett Board of Trustees has approved a 10% discount to families that have three or more children attending summer camp in 2017

Camp also offers wilderness trips for campers ages 13-15. These three trips are: Canoer, June 25-July 1, Canoeing Upper and Lower Tahquamenon River and the Two-Hearted River; Pathfinder, July 9-15, Backpacking North Manitou island; and Explorer, July 30 – August 5, Biking and Backpacking Pictured Rocks.

Get your child started on the meaningful and memorable experience of a lifetime. For more information, visit www.campdaggett.org or call 231-347-9742.





News Briefs

Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.

BY MICHAEL ROIZEN, M.D., AND MEHMET OZ, M.D.

Uncombable hair syndrome

Besides a great sense of humor and a touch of brilliance, what does the 102-yearold comedian professor Irwin Corey ("Without this great land of ours, we would all drown") have in common with the late actor, writer, producer Gene Wilder ("Nowhere special? I always wanted to go there") and the remarkable Albert Einstein ("The difference between stupidity and genius, is that genius has its limits")? It's quite possible that all were afflicted with uncombable hair syndrome, or UHS.

Believe it or not, that's not the lead-in to another joke! UHS, also known as spun-glass hair, is real. Scientists have identified mutations in three related genes as the cause. Seems this genetic twist affects the shape of hair shafts just above the scalp, causing them to become bent in such a way that they can't be combed or brushed. The result? A perpetual bad hair day.

The good news? UHS mostly affects children, and they usually grow out of it once puberty hits.

Until then, you should go to a dermatologist for diagnosis (made by looking at a strand of hair under a microscope) and treatment options. They include: adopting a gentle approach to managing uncombable hair; washing it with conditioners and shampoos that contain biotin (there are a lot!); and keeping hair short. And if you're waiting for the condition to subside in your child, you may want to encourage him or her to figure out how to simulate gravity during a long space flight or start polishing a stand-up routine.

Smart questions to ask before you take an opioid pain reliever



Alice (in Wonderland) spied a little glass box, and "she opened it and found in it a very small cake, on which the words 'EAT ME' were beautifully marked in currants." Without asking herself (or anyone else), "Should I eat this?" she gobbled it down and instantly grew to enormous proportions.

Unfortunately, millions of you in Pharmaland make a similar mistake when you take opioid pain meds prescribed by your doc without stopping to ask a few questions that might spare you problems of equally enormous proportions.

That's why the Food and Drug Administration recently issued a guide that gives you questions to ask BEFORE you agree to take opioid pain relievers. They include:

1. Why do I need this particular medication? Are there non-opioid pain meds that work?

2. For how long should I take this medication?

3. What if I have a history of addiction? If vou've battled addiction to any substance tobacco and alcohol included - you and your doc need to discuss how to proceed.

4. What are the risks associated with this pain reliever and how can I reduce them? 5. Will this drug interact with other med-

ications and supplements I'm taking? 6. And finally, How should I store these?

(Hint: The answer starts with "very safely.") Then ask about disposal of unused pills.

Also ask about talking with a pain specialist, but be aware that many don't take insurance. The FDA also recommends getting a prescription for naloxone, a drug that can reverse an opioid overdose, just in case.

Get winter off to a running start

Thanksgiving Day Turkey Trots got thousands of folks from Maine to Southern California and scores of places in between (Franklin, Tennessee; Tallahassee, Florida; and St. Charles, Missouri, for example) up and running BEFORE the day of overindul-

gence kicked in. We say, "Bravo!" to everyone who participated in this important step toward a younger RealAge. Everyone knows the holidays are a slippery slope — and many of you are headed for weight gain. According to a recent study, it'll average about 0.4 percent of your body weight, that's 6 pounds if you weigh 150, by the time New Year's rolls around.

But that's not the only slippery slope you want to avoid during the holiday season: Winter slips and falls on icy, snowy ground send hundreds of thousands of folks to the emergency room — 20,000 in Ontario, Canada, alone. And that's why the Toronto Rehabilitation Institute created a brand-new way to make sure your winter boots keep you safe from falls. You can visit www.ratemytreads.com and find your boots' slip-resistance rating. Toronto Rehab evaluated 98 pairs; 90 of them failed to meet minimum slip-proof standards. WOW! A 90-plus percent failure rate!

Fortunately, some boots do have the traction you need. To get your winter off to a running start, look for slip-resistant soles made from Green Diamond or Vibram Artic Grip (they show up on some very popular brands). Slip on a pair of those ice-defying puppies, and you'll slide into the new year without a worry.

Dry eye: Breakthroughs in understanding and treatment

Aoulef, Algeria, receives less than 0.5 inches of rain annually; Ica, Peru, averages 0.09 inches, and the Dry Valleys of Antarctica get 0.0! Those super-arid spots might sound familiar to the 3 million folks in the U.S. suffering from dry eye. Fortunately, they have a better chance of seeing sufficient moisture than those locales.

Causes: According to a special issue of Optometry and Vision Science, risk factors include wearing contact lenses, taking glaucoma meds, being of Asian descent, having had LASIK surgery, using the acne medication isotretinoin, incomplete blinking and dysfunction of the Meibomian glands (the main source of lipids that help tears coat the eyes' surface). Sjogren's syndrome, an immune system disorder, is another cause. And dry eye may have a genetic link to other chronic pain conditions; researchers have found that relieving dry eye doesn't necessarily relieve eye pain.

Solutions: Saline-based eye drops and those containing cyclosporine, steroids or a small-molecule integrin inhibitor can provide relief. Discuss these options with your doc.

Unfortunately, 95 percent of those liquids are quickly expelled. So scientists are working on a drop that delivers microscopic packets of medicine that attach to tear film and dissolve gradually. Another potential inno-

vation: A tiny, implantable electronic device that stimulates tear production, increasing it by 57 percent! And for Sjogren's-related dry eye, in the lab researchers are repairing damaged tear glands using injections of a regenerative progenitor (stem) cell! Less high tech? Increasing intake of DHA omega-3 fatty acids found in salmon and sea trout and through supplements (DHA omega-3 alga oil; 900mg daily) may help.

A master plan to reduce strokes

When 2015 Master's champion 21-year-old Jordan Spieth came to Augusta National's 10th hole this year, he held a five-shot lead after four straight birdies. But that was before Amen Corner. He then lost six strokes — four of them to a quadruple bogey 7 on number 12!

That colossal, stroke-accumulating meltdown was bad enough, but it was nothing compared to the ever-increasing number of ischemic strokes (caused by an obstruction in blood vessels supplying the brain) that are affecting ever-younger folks. A recent Rutgers University study found that in the U.S., people ages 42-51 have a 43 percent HIGHER rate of stroke than those ages 62-71. Furthermore, stroke rates have more than doubled in people 35 to 39 and doubled in those 40 to 44, but DECLINED in folks 55 and older!

It's hard to know exactly what accounts for the trends, but it's clear that adopting lifestyle habits that keep the cardiovascular system healthy is necessary. So kiss trans and most sat fats and added sugars or syrups goodbye. Eat only 100 percent whole grains. Avoid tobacco, marijuana and hookah parlors like the plague! Know your BP. and keep it below 120/80 — with or without meds. (If you're at high risk, talk to your doc about taking two low-dose aspirins daily.) Also:

—Make sure you walk 10,000 steps daily or get the equivalent physical activity and sleep 7-8 hours nightly.

—Achieve a healthy weight and stay there! Obesity can spike already-elevated blood pressure, and that's a major trigger of stroke.

Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic. To live your healthiest, tune into "The Dr. Oz Show" or visit www.sharecare.com.

(c) 2016 Michael Roizen, M.D. and Mehmet Oz, M.D.

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BC POLICE DEPT INCIDENT REPORT

TUESDAY DECEMBER 13, 2016 1610 Report of Facebook threats from Tennessee Found wallet in front 1720 of the video store. Was returned

1436 Vehicle parked on East St obstructing snow removal. 1530 NSF check complaint from the 100 block of S Park St 1541 Report of subject with a warrant in the 500 block of N Lake St 1652 Private property damage crash in the 400 block of N Lake St 1654 Well being check on Division near Park. Property damage crash 2349 on Division at Boyne.

Assisted EMS in the 1538 300 block of E Division St Citation issued for 1811 speed at Front and Second. 1916 Domestic Dispute in the 500 block of N lake St 1924 Report of dead deer in the road at Division and Park. 2127 Harassment complaint from the 1000 block of Boyne Av. 1300 block of Boyne Av. 1752 Civil dispute in the 300 block of E Division St.

SATURDAY DECEMBER 17, 2016 Assist EMS in the 700

2233 Domestic dispute in the 400 block of W. Michigan Ave

SUNDAY DECEMBER 18, 2016 0205 ARRESTED subject for OWI on First St Assist EMS in the 500 0828 block of W Division. Vehicle unlock in the 1343 800 block of Pleasant Ave. Back up East Jordan PD 1720 with Domestic dispute. 1740 Arrested subject for OWI/DWLS while coming back from EJ 1741 Assist EMS in the 300 block of N Lake St BOL for vehicle all over 2313 the road on Boyne Av..

250 - \$125

500 - \$220

1000 - S380

(Full Bleeds Add 10%)

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

Monday, December 12, 2016 0828 Probation violation in the 300 block of N Lake St 1315 Vehicle parked on Terrace in roadway hampering snow removal 1650 Report a lost wallet and cell phone. Vehicle unlock on S 1735 Lake St. 911 check in the 500 1900 block of N Lake St Civil complaint at in 2154 the 300 block of State Street.

to owner. Report that Hull Street 1755 is impassable Suspicious in the 200 2228 block of S Lake St.

Wednesday, December 14, 2016 Vehicle unlock in the 0701 300 block of E Division St Found cell phone was 1001 dropped off at PD. Was later returned to owner. Building in the 500 1217 block of N Lake St struck by unknown vehicle

Thursday, December 15, 2016 0212 Snow removal parking violation Front and Main. Snow removal viola-0226 tion at Terrace and Pleasant.

Friday, December 16, 2016 1035 Vehicle unlock in the 300 block of E Water St. 1231 PBT done for subject whose interlock system was malfunctioning Assist EMS in the 300 1349 block of E Division. Vehicle unlock in the 1745

MAPLE

EQUIPMENT

Check out our:

CRYSTAL COLD PROPANE REFRIGERATORS

EZ FREEZE PROPANE DEEP FREEZERS

0343 block of Vogel. 1001 Snow removal complaint in the 400 block of North St.

1046 snow plowing complaint in the alley behind Water St.

1656 Assist Sheriff Dept at Bovne Mountain. property damage crash 1716 at Charlevoix St. and Court St.

2243 100-blk Water St. Found a vehicle with the horn/lights flashing.

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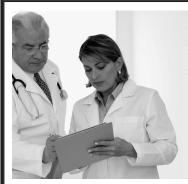
RETIREMENT

COMMUNITY

Retirement Village

1261 Village Parkway, Gaylord





BEAUTY SALON

Carriage Clippery 308 South Otsego, Gaylord 989-732-5094

OrigiNAILS by Shelley 1504 S. Otsego. Gaylord 989-732-7100

DENTIST

Main Oak Family Dentistry 219 East Main St. Gaylord 989-732-6271 www.mainoak.com

Otsego Dental Group

785 East M-32, Gaylord 989-448-2664 www.OtsegoDentalGroup.com

NUTRITION & Health **SUPPLEMENTS** Four Star Nutrition 1250 Gornick Ave. (Inside the **NICES** Sportsplex), Gaylord 989-370-8898 www.fourstarnutrition.net PHARMACY **Central Drug Store** 301 Bridge St

Abe & Ruth Schmucker

(989) 826-3160

rectory

FITNESS FACILITY

Otsego County Sportsplex 1250 Gornick Ave., Gaylord 989-731-3546 www.ocsportsplex.com

Otsego County Community Center 315 S. Center, Gaylord 989-732-6521 www.otsegocountyparksrec.com

HOME CARE-NON MEDICAL

ComForCare Home Care 814 S. Otsego Ave., Suite C, Gaylord (989)448-2778 ComForCare.com/NorthernMI

HOME HEALTH CARE Health Dept. of NW Michigan 220 W. Garfield, Charlevoix

231-547-6092 www.nwhealth.org

Munson Home Health Care 309 W. North St., Gaylord 800-252-2065 www.munsonhealthcare.org

Community Home & Health Services 657 Chestnut Ct.., Gaylord 989-732-6374 www.communityhomehealthservices.com

HOSPITALS

McLaren Northern Michigan 416 Connable Ave, Petoskey

Munson Healthcare Grayling 1100 Michigan Ave., Grayling 989-348-5461 www.mercyhealthgrayling.com

Munson Healthcare Charlevoix 14700 Lake Shore Dr., Charlevoix 231-547-8630

MASSAGE THERAPY

The Naturalist 1029 Gornick Ave., Gaylord 989-705-1451

MASSAGE THERAPY

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www.cah.org

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The Brook of Boyne City 701 Vogel Street

Bovne Citv Phone: 231.582.4300 www.brookretirement.com

The Brook of Cheboygan

11965 Townline Rd. Cheboygan Phone: 231.268.3400 www.brookretirement.com

The Brook of Grayling 503 Rose Street Grayling Phone: 989.348.8900 www.brookretirement.com

SENIOR ASSISTANCE

Otsego County COA 120 Grandview Blvd., Gaylord 989-732-1122 www.otsegocountycoa.org

Crawford County COA

308 Lawndale St. Grayling 989-348-8342 www.crawfordcoa.org

Charlevoix County COA

218 West Garfield St., Charlevoix 231-237-0103 www.charlevoixcounty.org/coa.asp

TO ADD YOUR BUSINESS OR SERVICE LISTING CALL 989-732-8160

Charlevoix County News • Page 5A

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

December 29, 2016 News Char-Em **United Way** funding applications available

Char-Em United Way's 2017 Community Investment process has begun. Non-profit agencies which provide programs and services meeting the health and human service needs of Charlevoix and Emmet Counties are encouraged to submit a Letter of Intent to apply for funding.

Letter of Intent applications can be requested by contacting Char-Em United Way (CEUW) at 487-1006, or downloaded from United Way's website www.charemunitedway.org under Community

Investment/Apply for Funding. All first time applicants are encouraged to call first and discuss their program. Letters of Intent are due by January 20. The submissions will be reviewed by the United Way Community Investment Committee; and agencies which meet United Way's funding criteria and priorities will be invited to submit a complete application.

"We are pleased to announce this year's funding availability," states Lorraine Manary, Executive Director. Your new or continued support makes this investment in our community possible. We are still accepting contributions, and all

donations received through the end of April will be awarded in this grant cycle. With our Board of Directors fully invested in keeping donor dollars local, they have agreed to direct their own funds to cover our national and state dues meaning that 100% of funds we raise here in our community, stay here to support local programs."

CEUW's 2017-18 funding priorities focus on meeting the community's needs for Education. Income and Health. More information on these priorities, as well as other criteria for eligible programs and agencies is available from United Way.

Agencies invited to submit a full application will be scheduled to make a presentation to CEUW's Citizen Review Panel in April. The Citizen Review Panel reviews the requests for funding, hears presentations, seeks additional information, and makes recommendations to the United Way Board of Directors. If you are interested in helping in this review process call or email for details. It is a great way to learn more about the programs your donation is supporting and the organization and needs in our communities. The Board of Directors will meet in May to consider the recommendations of the Panel and to make Community Investment decisions.

For more information about Char-Em United Way or the application process, contact CEUW at 231-487-1006 or

info@charemunitedway.org or write P O Box 1701, Petoskey MI 49770. Complete application information is available online at www.charemunitedway.org.

Rotary Canned food drive benefits food pantry



The Rotary Club of Charlevoix recently held a canned food drive in the Oleson's parking lot and was able to raise over 2000 food items and \$3079 for the Charlevoix Community Food Pantry.

"Get your gear on" at Pineview Military Surplus in Frederic

By Jim Akans

Built to perform, built to last. It is a quality inherent in the equipment designed and manufactured for military use. Thanks to the folks at Pineview Military Surplus in Frederic, these high quality items are also available for campers, hunters, hikers, outdoor enthusiasts, and those who simply enjoy well-crafted, durable goods.

Pineview Military Surplus current owners, Dan and Christine Klatt, purchased the business back in 1997, after it had already been in operation for about 17 years. The approximately 2,000 square foot facility located in Frederic on Old U.S. 27 North is an amazing wonderland for those interested in just about any type of military surplus item. The shop even includes a fascinating military museum, with col-

Revolutionary War era through the current conflict in Iraq and Afghanistan Christine Klatt states, "While the items in our museum area are not for sale, they are amazing to see. What we do offer in our store is all the Government Issue military surplus items that we can find, some



The best way to see what is avail-

Northwest Michigan Community Action Agency seeks volunteer tax preparers

As a volunteer, you will help low-income, disabled and senior residents by preparing and filing their tax returns and helping them apply for Earned Income Tax Credits, Child Care Credits, Homestead Credits, and Home Heating Credits. NMCAA's Tax Program is supported by the State of Michigan to help area residents claim all of the credits for which they

preparation test, you can choose to do tax preparation at times and locations that fit your schedule.

Become a volunteer tax preparer by contacting Teresa Hill at (231) 346-2188 or Devon Morrison at (231) 346-2141. Teresa can also be reached via email at thill@nmcaa.net.



Hidden Treasures

CHARLEVOIX

Bergmann Center Resale Shop 8888 Ance Road, Charlevoix 231-547-9624 www.bergmanncenter.org

Kelly's Antiques & **Furniture Barn** 06176 Old US 31 S. , Charlevoix 231-547-0133 www.dkellyantiques.com

Goodwill Retail and Donation Center 402 Petoskey Avenue Charlevoix 231-437-6176

CHEBOYGAN

Goodwill Retail and

Donation Center 982 S Main St., Cheboygan 231-445-9300

EAST JORDAN

Crossroads Resale Shop 205 Water Street., East Jordan 231-536-7606 Open Tuesday thru Saturday

ELLSWORTH

Good Samaritan Furniture & More Store 6519 Center St., Downtown Ellsworth 231-588-2208 thegoodsam.org

ELLSWORTH

Good Samaritan 9746 Main Street, Ellsworth 231-588-2208 thegoodsam.org

FREDERIC

Pineview Military Surplus 7328 Old 27 North, Frederic 989-348-8300

GAYLORD

A-2-Z Resale 1829 Old 27 South, Gaylord 989-732-9500

Goodwill Retail and Donation Center 1361 Pineview Dr. (near Lowes), Gaylord 989-705-1747. www.goodwillnmi.org

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Salvation Army Family Store 919 S. Otsego Ave. Gaylord 989-448-2357

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HARBOR SPRINGS

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PETOSKEY

231-348-2980

Northern Michigan Treasure Hunter's

Guide to area antique, consignment,

resale and thrift shops

Goodwill Retail and Donation Center 1600 Anderson Rd., Petoskey 231-348-6947 www.goodwillnmi.org

To add your business

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